

2 Minute Tangos	Inside AM WOD	Time		Max S2OH/HSS	Outside AM WOD	Time
				Heat		
AC	Turn Down For Wod	8:30 AM		1	8 Rx Women	8:30 AM
Short and Stout	Short Stacks	8:33 AM		2	8 Rx Mixed	8:45 AM
The Kettlebells	Squata-Lajara!	8:36 AM		3	8 Rx Mixed	9:00 AM
Flexy Beasts	Voodoo Barbells	8:39 AM		4	8 Rx Men	9:15 AM
Chalk dirty to me	Kipping It Real	8:42 AM		5	7 Rx Men	9:30 AM
Peanut Butter and Jelly Legs	Under the Bar and Snatch'n	8:45 AM		*EQUIPMENT CHANGE	Judges' Break 15 minutes	9:45 AM
Can't Snatch This	Hustle and Muscle	8:48 AM		6	8 Sc Women	10:00 AM
Chubby Unicorns	Twin Peaks	8:51 AM		7	8 Sc Women	10:15 AM
CrossFit-Law Marriage	Old South Hasty's	8:54 AM		8	8 Sc Mixed	10:30 AM
Sunni Side Up	Thing Juan & Thing 2	8:57 AM		9	8 Sc Mixed	10:45 AM
M & M	Rocket n Blondie	9:00 AM		10	8 Sc Mixed	11:00 AM
Light weights and milkshakes	Guns N' Buns	9:03 AM		11	8 Sc Men	11:15 AM
Just Scale'n It	Heidi Shorts	9:06 AM		12	8 Sc Men	11:30 AM
Chalk dirty to me	Old and In The Way	9:09 AM		13	8 Sc Men	11:45 AM
SunKat	How 'Bout Some Chalk Over Here	9:12 AM			END TIME	12:00 PM
We PR on the 3rd Date	We thought this was a 5K	9:15 AM		WOD SWITCH	LUNCH BREAK	12:00-1:00 PM
Majoring In Not Being Last	Sour Snatch Kids	9:18 AM				
Amrappers Delight	Mission Slimpossible	9:21 AM		AFTERNOON	JUDGES MEETING	1:00 PM
Bodacious Bookers	Booty and the Beast	9:24 AM				
Pepin Ain't Easy	Couples Retreat	9:27 AM				
Murican muscle	Team Smash	9:30 AM				
Dad you're doing it wrong	Moobs on Old Dudes	9:33 AM				
Risotto Warriors	Prestige Worldwide	9:36 AM				
Tucker Puchi	InSainity	9:39 AM				
Bro Bells	The Wodding Crashers	9:42 AM				
Old South Outlaws	Tango and Snatch	9:45 AM				
IMA Silver	Thruster Busters	9:48 AM				
Swole Lotta Love	HowOldsYourDottir?	9:51 AM				
S.O.L.	Barbell Cartel	9:54 AM				
MOORE than ORDinary	Tampa 2	9:57 AM				
Just the Kip	CrossFit H Dub	10:00 AM				

Good With Whatever	Scales of Justice	10:03 AM			
		10:06 AM			
		10:09 AM			
		10:12 AM			
		10:15 AM			
		10:18 AM			
Judges' Break 19 minutes		10:21 AM			
Three's a Crowd	Blue Barracudas	10:40 AM			
RCCF Trap Queens	Power Queens	10:43 AM			
Barbell Voodoo Yogi & BooBoo	Ellennifer	10:46 AM			
Hakuna Masquata	Team CFR	10:49 AM			
JPro	Old & the Restless	10:52 AM			
Just Kipping it Real	Moore Muscle	10:55 AM			
Booty and the Beast	If you ain't Wurst, you're last!	10:58 AM			
The Sour Patch Kids: First they're s	SAVAGE AF	11:01 AM			
ZK Virus	CrossFit Murfreesboro	11:04 AM			
WOD Did We Get Ourselves Into	Jim and I	11:07 AM			
Tall and Tired	Jacked and Pale	11:10 AM			
Chocolate & Vanilla	Teddy BROsevelt & Betsy Boss	11:13 AM			
Spank my Franny	CFF	11:16 AM			
Biggie Smalls	Built By Jason	11:19 AM			
Jackson Boyz	Team GSD	11:22 AM			
Buffet Busters	Lift Laugh Love	11:25 AM			
More Wt Less Reps	Running is impossible	11:28 AM			
Team Hard Part	Hotline Cleans	11:31 AM			
Professionally Good Looking	Brogenix	11:34 AM			
Flexual Healing		11:37 AM			
		11:40 AM			
		11:43 AM			
		11:46 AM			
		11:49 AM			
	END TIME	11:52 AM			
	WOD SWITCH/LUNCH BREAK	12:00-1:00PM			